

# Personal Development Programme

At Carr Manor Community School, we are committed to a broad and balanced curriculum which creates learning that supports the development of the whole child. This allows pupils to focus on skills and characteristics for the next stage of their development and life beyond Carr Manor.

The Personal Development Programme integrates elements of the Early Years Foundation Stage to Key Stage 3 curriculum, such as Personal, Social, Health, Citizenship and Economic (PSHCE) education, careers, relationships, health and sex education. PDP lessons are designed to meet the pupils' and community's needs and is taught in regular blocks in every year group. Pupils receive balanced, factually-accurate and age and stage appropriate lessons that focus on the key skills and characteristics needed to develop as a young person in a modern Britain.

It will include areas such as:

- Mental health and emotional wellbeing
- Drug and alcohol education
- Emergency life-saving skills
- Financial education

This area of the curriculum supports the Coaching and Coaching Plus programme and integrates all the statutory non-accredited elements of the EYFS to Key Stage 3 curriculum.

For more information, you can contact Mr Skinner on [skinnem03@carrmanor.org.uk](mailto:skinnem03@carrmanor.org.uk)



Mr Skinner

