

Dear Parent/Carer,

### **Year 7 Personal Development Programme Relationship and Sex Education lessons and parent/carer questionnaire**

As a part of your child's education at Carr Manor Community School, we promote personal wellbeing and development through a comprehensive Personal Development Programme (PDP). Coaching and Coaching Plus provide fantastic opportunities for a range of personal and character development learning and through PDP, we create curriculum time for age and stage specific personal, social, health and citizenship education (PSHCE). PSHCE is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, starting next term, your child will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in Year 7 will include teaching about healthy relationships, including friendships and intimate relationships, growing and changing, including puberty, personal hygiene, changing feelings, keeping safe and consent. Pupils will also have opportunities to ask questions that help prepare them for relationships in the modern world.

Through the Personal Development Programme, PSHCE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website (link below) for more detail about our RSHE curriculum. All RSHE and PSHCE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school, we welcome feedback from parents and carers to help us review our practice and provision and to ensure we are meeting the needs of children and parents. After kindly taking the time to read our [RSE policy](#), we would be grateful if you could fill in the questionnaire linked [here](#).

If you would like to find out more or discuss any concerns, please contact Mr Skinner.

Yours faithfully,



M Skinner  
Associate Leader - PDWB