



AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2	
<p>Big question(s) of the unit: How do humans grow and develop throughout their lifespan?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will explore how people grow and change physically, intellectually, emotionally and socially from infancy through early childhood, adolescence and into early, middle and later adulthood.</p>	<p>Big question(s) of the unit: What factors can impact a person's growth and development?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will learn how a wide range of factors-including inherited conditions, physical health, lifestyle choices, emotional wellbeing, social relationships, cultural background, environmental conditions and economic circumstances-can influence a person's growth and development.</p>	<p>Big question(s) of the unit: How do different life events impact a person's growth and development and who can support them to adapt to life events?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will explore how different life events-such as changes in health, relationships and personal circumstances-can influence growth and development. They will also learn about the range of support available, including formal and informal sources of support and the different types of support they can provide.</p>	<p>Big question(s) of the unit: How do humans grow and develop throughout their lifespan?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will complete their component 1 Controlled Assessment. This consists of 5 tasks worth 12 marks each and is worth 30% of their final grade.</p>	<p>Big question(s) of the unit: How can different health and social care services meet the needs of individual?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will learn about a range of health conditions-such as diabetes, arthritis, CHD, dementia, asthma, COPD and additional needs-and how different healthcare services, including primary, secondary, tertiary and allied health professionals, support individuals across the lifespan. They will also explore how social care services can meet the needs of children, people with additional needs and older adults.</p>	<p>Big question(s) of the unit: How do different barriers and obstacles affect an individual's ability to access health and social care services, and what can be done to reduce or overcome them?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will study the different barriers and obstacles that can prevent individuals from accessing health and social care services, including physical, emotional, social, cultural, environmental and financial challenges. They will also learn how these barriers can be reduced or overcome through effective support, communication and person centred approaches.</p>	<p>COMPONENT 1: Human lifespan Development</p> <ul style="list-style-type: none"> • Learning Outcome A Understanding human growth and development across life stages and factors that affect it. • Learning Outcome B Understanding how individuals deal with life events <p>COMPONENT 2: Health and social Care services and Values</p> <ul style="list-style-type: none"> • Learning Outcome A Understand the different types of health and social care services and barriers to access them • Learning Outcome B Understanding the skills, attributes and values required to give care.



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<p>Big question(s) of the unit: What skills, attributes and values are required to provide care?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will learn how key skills such as problem solving, observation, organisation and managing difficult situations support effective practice in health and social care, alongside essential personal attributes like empathy, patience, honesty and trustworthiness. They will also explore the core values of the sector-including communication, care, compassion, competence, courage and commitment- and how these guide high quality, person centred support.</p>	<p>Big question(s) of the unit: How can different health and social care services meet the needs of individual?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will complete their component 2 Controlled Assessment. This consists of 5 tasks worth 12 marks each and is worth 30% of their final grade.</p>	<p>Big question(s) of the unit: Factors that affect health and wellbeing?</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will learn what health and wellbeing mean and how they are influenced by a range of physical, lifestyle, social, cultural, economic and environmental factors. They will explore how issues such as inherited conditions, mental and physical health, nutrition, discrimination, financial resources and living environments can impact a person's overall wellbeing.</p>	<p>Big question(s) of the unit: Interpreting health indicators</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will learn how health indicators such as resting heart rate, recovery rate, blood pressure and BMI are used to assess a person's physical health. They will also explore how to interpret these indicators using recommended guidelines to understand what they show about overall wellbeing.</p>	<p>Big question(s) of the unit: Person centred approaches to health and wellbeing</p> <p>Overview of knowledge, understanding and skills (key concepts): Pupils will learn how a person centred approach uses an individual's needs, wishes and circumstances to create recommendations and actions that support improved health and wellbeing. They will also explore the obstacles and barriers that may affect progress and the impact this has on improving their health and wellbeing.</p>		<p>COMPONENT 2: Health and social Care services and Values</p> <ul style="list-style-type: none"> • Learning Outcome A Understand the different types of health and social care services and barriers to access them • Learning Outcome B Understanding the skills, attributes and values required to give care <p>COMPONENT 3: Health and Wellbeing</p> <ul style="list-style-type: none"> • Learning Outcome A Factors that Affect health and Wellbeing • Learning Outcome B Interpreting Health indicators • Learning Outcome C Person centred approach to improving health and wellbeing